Lize & shine...

MAINS

BREAKFAST CHARCUTERIE

smoked salmon, candied bacon, candied ham, avocado, hard-boiled egg, waffles, strawberries, grapes, peanut butter, strawberry preserves, cream cheese, honeycomb // 20

MORNING NACHOS

sausage gravy, scrambled eggs, red onion, pico, roasted red pepper, cheddar, jalapeno, cilantro, naan // 13

UPSIDE DOWN B + G

sausage gravy, biscuit, basil, served with granola & strawberry preserves // 9

GARDEN WRAP

scrambled egg whites, sun dried tomatoes, avocado, spinach, feta, honey wheat wrap // 10

EGG SOUFFLE SANDWICH

egg souffle, candied bacon, Havarti, arugula, hollandaise, ciabatta // 12

FRENCH TOASTIE

bacon-jalapeno cream cheese spread, strawberry preserves, cornflake crusted artisan bread, powdered sugar, maple syrup // 11

MORE TO ADORE

POTATO BOWL

potatoes, roasted red peppers, caramelized onions, garlic aioli // 6

OVERNIGHT OATS

steel cut oats, oat milk, strawberries, dried cranberries, honeycomb, toasted pecans, cinnamon // 9 *GF

PROSECCO PARFAIT

strawberries, blueberries, raspberries, prosecco, vanilla yogurt // 10

*can be made non-alcoholic at no additional charge

BENEDICTS & TOASTS

SUB GLUTEN-FREE* BREAD FOR AN ADDITIONAL CHARGE.

GHOST OF BENE

over easy egg, avocado, Havarti, sun dried tomatoes, sunflower seeds, honey mustard, ghost pepper salt, English muffin // 11

BENEDICT HAMMY

over easy egg, candied ham, sun dried tomatoes, hollandaise, English muffin // 11

BENEDICT SAMMY

over easy egg, smoked salmon, capers, dill, tarragon, hollandaise, English muffin // 13

ALL YOU AVO WANTED

scrambled egg whites, avocado, tomato, basil pesto, sunflower seeds, balsamic glaze, artisan bread, dressed greens // 10

ITS ALL GREEK TO ME

scrambled egg whites, hummus, roasted red peppers, pickled red onions, pepperoncini, feta, balsamic vinaigrette, artisan bread, dressed greens // 10

LOX

smoked salmon, capers, pickled red onions, cream cheese, dill, artisan bread, dressed greens // 12

FLATS

SUB GLUTEN-FREE* CAULIFLOWER CRUST FOR AN ADDITIONAL CHARGE.

ART & SAUSAGE

sausage gravy, potatoes, cheddar, mozzarella, arugula // 14

THE CLASSIC

bacon, scrambled eggs, potatoes, cheddar, mozzarella // 14

THE SAM-I-AM

green herb sauce, scrambled eggs, candied ham, mozzarella, garlic aioli // 14

KIDS BREAKFAST

AGES 12 & UNDER

FRUIT CHARCUTERIE

rainbow fruit variety served with a side of milk & fruity pebbles // 10

KID-TASTIC CLASSIC

scrambled eggs, bacon, toast, Nutella // 10

WAFFLE DIPPERS

waffle sticks, nutella, maple syrup // 10

FRUITY PEBBLE FRENCH TOAST

fruity pebble crusted artisan bread, whipped cream, maple syrup // 10

A LA CARTE

BREAD

English muffin, Belgium waffle (add +1), biscuit, artisan bread //4

MEAT

bacon, candied bacon, candied ham, smoked salmon (add + 2) // 4

EGGS

scrambled eggs, scrambled egg whites (add + 1), hard boiled, over easy // 3

VEGGIES

avocado, sun dried tomatoes, dressed greens // 3

FROM THE BAR

WAKE ME UP MARGARITA

tequila, orange liqueur, orange juice, lime juice, fruity pebble rim $//\ 9$

MIMOSA BAR

prosecco, elderflower liqueur, fresh fruit // 30

BLOODY MARY BAR

vodka, bloody mary mix, assorted veggies, hard boiled egg, mini grilled cheese, fresh rosemary, lime $//\ 30$

ART & SOUL IS FAMILY OWNED AND OPERATED.

THANK YOU FOR YOU SUPPORTING LOCAL!

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