

lunch & dinner...

SHAREABLES

gluten free options available.
ask your server for more information!

CHARCUTERIE

salami, prosciutto, cheddar, goat cheese, grapes, honeycomb, cornichons, spicy pub pretzels, artisan bread // 18

ROASTED GARLIC HUMMUS

hummus, naan, olive oil, tapenade, feta // 13
+ veggies 3

SPINACH ARTICHOKE DIP

spinach, artichoke, bell pepper, onion, mozzarella, feta, parmesan, cream cheese, tortilla chips // 13

PRETZELS + BEER CHEESE

bavarian pretzels, Zipline Kolsch & Copper Alt beer cheese // 14
+ stone ground mustard 1 + honey mustard 1 + extra pretzel 3

GREEK NACHOS

hummus, tapenade, roasted red peppers, pickled red onions, pepperoncinis, artichoke, cucumber, tomato, feta, balsamic vinaigrette, naan // 14
+ chicken 4

BEEF SLIDERS

braised beef, provolone, barbeque sauce, cornichons, pickled red onions // 13

SOUPS

CUP // 6 BOWL // 9

+ artisan bread 2 + parmesan crisp 1 + naan 3

TOMATO BASIL FETA

SOUP DU JOUR

ODDS & ENDS

CUP OF MAC + BEER CHEESE // 6

CUP OF BUTTERED NOODLES // 5

BOWL OF KETTLE CHIPS // 2

SPICY PUB PRETZELS // 6

SIDE OF ARTISAN BREAD // 2

SIDE OF NAAN // 3

SIDE OF VEGGIES // 3

EXTRA CONDIMENTS // 1



SALADS

all full salads are served with a parmesan crisp

GARDEN

mixed greens, cucumber, tomato, mozzarella, balsamic vinaigrette 8 // 12

STRAWBERRY WALNUT

mixed greens, strawberry, toasted walnuts, parmesan, red wine vinaigrette 9 // 14

GREEK

mixed greens, hummus, tapenade, roasted red peppers, artichoke, tomato, red onion, cucumber, feta, balsamic vinaigrette 10 // 15

SOUTHWEST PICO

mixed greens, black bean & corn pico, avocado, cheddar, tortilla chip crumbles, ranch dressing 10 // 15

PEAR PECAN

mixed greens, pear, dried cranberries, toasted pecans, bacon crumbles, herbed garlic boursin, maple mustard vinaigrette 10 // 15

GRILLED SHRIMP

mixed greens, grilled shrimp, hard-boiled egg, tomato, cucumber, red onion, cheddar, ranch dressing 13 // 18

AHI TUNA

mixed greens, seared ahi tuna, cucumber, tomato, red onion, toasted walnuts, toasted pecans, sunflower seeds, ponzu drizzle // 18

SALAD ADD ONS:

4 oz salmon filet 9 // grilled chicken 5 // chicken salad 6
braised beef 6 // bacon 4 // grilled shrimp 7
seared ahi tuna 7 // ½ avocado 5 // hard-boiled egg 2
hummus 5 // parmesan crisp 1

KIDS MEALS \$10

AGES 12 & UNDER

PB & JELLY

served with kettle chips and a drink (apple juice, soda, lemonade, iced tea, regular or chocolate milk)

GRILLED CHEESE

served with kettle chips and a drink (apple juice, soda, lemonade, iced tea, regular or chocolate milk)

*ALL FOOD BEARS THE POSSIBILITY OF CONTACTING GLUTEN. PLEASE ASK YOUR SERVER ABOUT GLUTEN-SENSITIVE OPTIONS.

*CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS

*A 20% GRATUITY WILL BE ADDED TO TABLES OF 6 OR MORE.

SANDWICHES & WRAPS

all full sandwiches are served with kettle chips. sub gluten-free bread for an additional charge.

two prices indicate 1/2 and full size sandwiches

CHICKEN SALAD

signature chicken salad, tomato, red onion, romaine, oat nut bread 10 // 15

GHOST

avocado, tomato, havarti, sunflower seeds, ghost pepper salt, honey mustard, oat nut bread 12 // 16

+ chicken 4 + bacon 4

CHEESE TOASTIE

provolone, cheddar, mozzarella, garlic aioli, artisan bread 9 // 14

+ bacon 4

BEEF DRIP

braised beef, provolone, caramelized onions, hoagie roll, au jus // 16

CLUB

bacon, turkey, ham, tomato, romaine, havarti, provolone, garlic aioli, oat nut bread // 18

SHRIMP WRAP

grilled shrimp, hummus, avocado, tomato, roasted red peppers, caramelized onions, romaine, cheddar, ranch, honey wheat wrap // 18

MEDITERRANEAN WRAP

hummus, tapenade, roasted red peppers, pepperoncinis, artichoke, tomato, cucumber, red onion, romaine, feta, balsamic vinaigrette, honey wheat wrap // 15

+ chicken 5 + shrimp 7

FLATBREADS

sub gluten-free cauliflower crust for an additional charge

BAHN MI

braised beef, barbeque sauce, mozzarella, pickled vegetables, siracha aioli // 16

BUFFALO CHICKEN

chicken, bacon crumbles, buffalo sauce, mozzarella, ranch // 16

FLORENTINE

your choice of chicken or shrimp, spinach artichoke spread, tomato, mozzarella // 17

ART & SOUL PHILLY

braised beef, jalapeno-bacon cream cheese spread, caramelized onions, roasted red peppers, mozzarella, provolone // 16

MOROCCAN

hummus, tapenade, roasted red peppers, pickled red onions, mozzarella, parmesan, curry honey glaze // 15

MARGHERITA

basil pesto, tomato, mozzarella, balsamic glaze // 14

+ chicken 5

CHEESY

mozzarella & cheddar // 12

MAC & CHEESE

*TWO PRICES INDICATE 1/2 AND FULL SIZES

MAC & BEER CHEESE

our house macaroni and beer cheese, made with Zipline Kolsch & Copper Alt beer 8 // 13

+ chicken 4 + bacon 4 + shrimp 7 + avocado 4

MARGHERITA MAC

basil pesto, tomato, mozzarella, balsamic glaze 9 // 15

+ chicken 5 + bacon 4 + shrimp 7

BAHN MAC

braised beef, barbeque sauce, mozzarella, beer cheese pickled vegetables, siracha aioli drizzle 10 // 16

PHILLY MAC

braised beef, caramelized onions, roasted red peppers, provolone, jalapeno bacon cream cheese, beer cheese 10 // 16

GHOST OF MAC

avocado, tomato, sunflower seeds, ghost pepper salt, havarti, beer cheese 10 // 16

+ chicken 4 + bacon 4 + shrimp 6

BUFFALO CHICKEN MAC

buffalo sauce, chicken, bacon crumbles, mozzarella, beer cheese, ranch drizzle 9 // 15

ART & SOUL PANTRY

BREAD

Le Quartier Artisan Loaf // 10

Oat Nut Loaf // 17

SOUP

tomato basil feta

soup of the week

12 (pint) // 23 (quart)

CHICKEN SALAD

16 (pint) // 32 (quart)

*does not include bread

DRESSINGS

ranch, maple mustard vinaigrette, red

wine vinaigrette, balsamic vinaigrette

9 (pint) // 18 (quart)

VISIT OUR 'GRAB & GO' FOR MORE

ART & SOUL IS FAMILY OWNED AND OPERATED. THANK YOU FOR SUPPORTING LOCAL!

WWW.LINCOLNARTANDSOUL.COM